



EMELISSE

nature resort

TREATMENT MENU



Lift your spirit

Emelisse Nature Resort has created a haven of relaxation and rejuvenation surrounded by the glorious nature. Revive your senses in the abyss of Emelisse Spa with signature KORRES SPA treatments, deep tissue massages as well as face and body treatments, beauty wraps, anti-aging facials, scrubs and specially designed treatments for men.

Our Signature treatments reflect our clear and uncompromising concept: to offer you a lasting wellness experience through treatments that are based on organic and plant-based active ingredients from Greek land.

This balance of man and nature is captured in the serene setting of Emelisse Spa and enhanced with the principles of KORRES, a brand that was inspired by Greek hospitality, the Ionian winds, the simplicity of essential life and the harmony of natural beauty.



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Spa Discovery Rituals

Wild Rose Silk Emotions

A trademark of KORRES history, powered by high-level vitamin Super C, linoleic and linolenic acid, known for their moisturizing, healing and softening properties, the Wild Rose ritual demonstrates significant repairing action against fine lines and pigmentation disorders. At the same time, the complete body care treatment revitalizes the skin and fights the signs of fatigue, deeply moisturizes, soothes wrinkles, giving a healthy and radiant look.

Key Elements: Body scrub or body mask, mini facial treatment, 40' full-body massage
90' | **€120**

Key Elements: Body scrub, body mask, facial treatment, 55' full-body massage
120' | **€180**

Santorini Grape Velvet Senses

Rich in antioxidants, this soothing natural face and body treatment will help blur imperfections, smooth textured skin, and replenish the skin's moisture. Powered by the Santorini Grape Extract, which is full of polyphenols, resveratrol and higher elements, it helps counter the harmful effect of free radicals that cause skin aging. Enjoy a relaxing massage while KORRES body smoothing milk nourishes even the driest skin.

Key elements: Mini facial treatment, face pressure points, body massage, body nourishing cream
90 min | **€120**

Ionian Signature Journey

Experience a traditional purifying ritual which includes a body scrub with natural salt, an organic natural body white clay mask, and a balancing full-body massage with essential orange oils. These pure and natural ingredients will leave you feeling like you are floating in the Ionian Sea.

Key elements: Full-body Natural Salt Scrub, White Clay Body Mask, 40' Body Massage with Orange Body Oil

70 min | **€110**



Facial Treatments

KORRES Beauty Shots - Everyday Booster

Tapping into the great botanical power of fruit and plant ingredients in combination with the innovations of KORRES products, this treatment has been specifically designed to give any skin type an intensive everyday boost. The treatment is individually customized to address skin needs such as dryness, dehydration, congestion and sensitivity. Ideal for normal or combination skin, teenage skin, or for those who need a calming natural skincare regime, it increases skin hydration and elasticity, nourishes and softens, offering long-lasting moisturization and nourishment.

Key elements: Cleanse, exfoliation, mask, pressure point face massage, neck and scalp massage
45 min | **€70**

KORRES Greek Yoghurt Dazzling Glow

Greek yoghurt, an ingredient known traditionally for its moisturizing action, has a high concentration of probiotics and prebiotics, which help strengthen the skin's immune system. This light texture facial treatment is pleasantly cooling and deeply moisturizing, giving your skin a youthful and relaxed look. Ideal for dull or dehydrated skin.

Key elements: Cleansing, exfoliation, double mask, pressure point face massage, neck and scalp massage, hand massage
70' | **€100**

KORRES Wild Rose Effective Romance

Wild rose, the eternal symbol of love, is synonymous with KORRES history. Thanks to its high-level vitamin Super C, the Wild Rose Treatment demonstrates significant repairing action against fine lines and pigmentation disorders. Furthermore, the Wild Rose oil is rich in linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties. The oil forms a protective film on the skin, which helps cell and skin texture regeneration, for improved skin tone and radiance with clinically proven action from the first application.

Key Elements: Cleanse, exfoliation, serum, mask, face massage, neck and scalp massage, hand massage
70' | **€120**

KORRES Golden Krocus Time Reverse

A luxurious powerful composition for eyes and face, inspired by a rare flower of the Greek land, the majestic Krocus (Safran) of Kozani. Carefully blended with the rich ingredients of KORRES facial products, it forms a protective shield made of gold! This universal anti-aging solution is ideal for all skin types, offering deep hydration and antioxidant protection, thanks to the beta-glucans it contains. Counteracts the harmful free radicals that cause premature skin aging.

Key Elements: Cleanse, facial peeling, mask, eye and facial power serum, face massage
55' | **€100**

KORRES Black Pine Matrix Advanced

KORRES innovations and patents are combined with signature masage techniques to restore the 3D structure of your face. This treatment is designed specifically to straighten the contour and has a distinct lifting effect thanks to the innovative natural active reconstruction complex Elastilift-3D™, the powerful complex 4D Bio-Shapelift™ and Black Pine polyphenols.

While restoring the shape of the face, the treatment's anti-wrinkle action also renews the elasticity of the skin, enhances its firmness and improves its texture.

Key Elements: Cleanse, exfoliation, serum, mask, lifting face massage, neck, scalp and hand massage
70' | **€120**

KORRES White Pine Endless Beauty

For the first time worldwide, KORRES introduces the new White Pinebark extract in a new skincare treatment specially designed to meet women's skin needs before and after menopause. Powerful anti-aging properties are derived from KORRES' proprietary ingredient, WHITE PINE extract, together with MENO-REVERSE™ TECHNOLOGY, a natural peptide blend derived from artichoke leaves, clinically proven to improve the skin's volume. A replenishing treatment that reduces the appearance of fine lines and wrinkles, with high antioxidant and remarkable anti-spot action.

Key elements: Cleanse, exfoliation, serum, mask, lifting face massage, neck and décolleté massage with firming cream
70 min | **€110**





Body Treatments

Emelisse Soft Sensation

This relaxing full-body gentle exfoliation is customized to your individual needs. We will help you choose from a carefully selected range of refining KORRES body polishes that allow you to tap into the power of rich antioxidant and natural extractions to exfoliate, smooth and renew skin cells for a hydrated, healthier, younger look all over.

Key elements: Full-body exfoliation and nourishing body lotion
45' | **€60**

Emelisse Body Rejuvenation

For a luxurious full-body renewal, this treatment instantly retextures and resurfaces body skin with natural physical scrubs in nutrient-rich formulas that help lock in skin moisture and buff away dead cells. The cocoon wrap that follows, moisturizes and nourishes deeply, enhances skin elasticity and offers antioxidant protection, absorbs quickly and makes the skin smoother and supple.

Key Elements: Full-body exfoliation, body wrap, hair and scalp massage, nourishing body lotion
60' | **€90**

Emelisse Body Renewal

A tailor-made complete experience of relaxation and wellness releases and calms both body and mind. Taking you step by step to a journey that encompasses the great botanical power and aromas of KORRES unique products, the treatment is designed to detox, nourish and relieve any muscle tension. It starts with a healthy full-body scrub, followed by a cocooning wrap and ends with a soothing massage to leave you completely relaxed and rejuvenated.

Key elements: Full-body exfoliation, body wrap, hair and scalp treatment and massage
90' | **€130**

Special Treatments Menu

KORRES Aegean Luminous Bronze (Pre-Sun)

Expertly developed treatment for effective skin protection before you enjoy the summer sun. The treatment starts with a special full-body exfoliation, while a warm full of vitamin C body mask, feeds your skin to enhance its elasticity and protect in case of sunburn. To complete the treatment, a light moisturizing mousse with hyaluronic acid smooths out imperfections, adds radiance and gives your skin a natural glow and youthful appearance.

Key Elements: Body exfoliation, body wrap, facial treatment and 30' body massage applying nourishing mousse
60' | **€90**

KORRES Greek Yoghurt Soft Touch (After-Sun)

Greek Yoghurt was traditionally an after-sun skincare for face and body. A natural source of lactose, proteins, minerals and vitamins, it increases the water content of the top layers of the skin, instantly relieving tight and dry skin. This light texture face and body treatment is pleasantly cooling, ideal for a dehydrated sun-exposed skin, ensures long-lasting hydration and contributes to the regulation of hydration levels of the body.

Key Elements: Mini facial treatment, body wrap, moisturizing cooling gel, arms and hands massage
60' | **€90**

Couple Experience Journey (Tailor-Made)

A unique experience of in-depth relaxation for couples, with tailor made options and treatment combinations based on your individual needs.

Your relaxation journey starts with a choice of a Full-body Massage:

Emelisse Spa Signature Massage	55 min €100
Emelisse Signature Massage	85 min €140
Ionian Sensation Candle Massage	55 min €120

And ends with your preferred add-on treatment:

KORRES Fast Glow Facial Treatment	30 min €30
KORRES Eye Revival	20 min €30
KORRES Soft Sensation Body Scrub	30 min €30
KORRES Head Massage	25 min €30
KORRES Hand and Foot Massage	20 min €30
KORRES Sun Care Protection	20 min €30

The above prices are per person.

Massage Journeys

Emelisse Wellness - Signature Massage

Our signature massage using KORRES body blends is inspired by traditional massage techniques, which work to balance and re-align energy flow, enhancing mind and body wellness. A choice of native aromatic oil blends are prescribed to address your individual needs –relax, detoxify or relieve muscle pain – and combined with pressure points and spiraling movements that ground and rejuvenate the body.

Key Elements: Full-body relaxation massage, choice of native aromatic oils
55' | **€100**
85' | **€140**

Ionian Sensation – Candle Signature Massage

Indulge your senses with this mystifying full-body massage ritual that will entice your mind, body and soul. Lay back and unwind while the mesmerizing flame gently burns the candle and the heated solid waxes slowly turn into liquid oil. Then, feel the delicately scented warm drops touch your skin, while the synchronized movements dissolve muscle tension and free blockages, offering a unique experience of relaxation and rejuvenation that promotes bliss, balance and well-being.

Key Elements: Full Body Massage with Hot Candle
55' | **€120**

Deep Tissue Massage

This massage aims to deeply relax all muscles and relieve tension using acupressure and kneading techniques that will feel like you had a proper workout. The power of essential oils will relieve muscle tension and stiffness, leaving you with a re-conditioned skin tone and feeling completely recharged and free from aches and fatigue.

Key Elements: Full-body sport massage
55' | **€110**
85' | **€150**

Emelisse Back and Shoulder Massage

Focusing on the back, neck and shoulders to help relax and release stress and tension from your muscles. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling supple and relaxed.

Key Elements: Back and shoulder muscle tension massage
30' | **€60**

Emelisse Head and Back Massage

Focusing on tension primarily in the back, neck, shoulders and head, this massage is designed to relieve deep-seated stress by combining specially blended massage oils chosen to suit your individual needs. An exotic mix of warmth, texture and aromas tempts the body into blissful relaxation.

Key Elements: Back shoulder and head massage with organic raw coconut
45' | **€80**

Spa Etiquette

- The Spa and its environs are strictly NO SMOKING areas.
- Please conduct all conversations at levels consistent with a relaxing environment.
- The Spa is open to persons over the age of 14.
- Please leave all items of value in your room. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- All guests will be required to complete and sign a health and lifestyle questionnaire upon arrival and prior to treatments.
- To ensure the appointment time you prefer, we highly recommend advance reservations.
- Please note that a 24 hour cancellation notice is required for all bookings and services as a courtesy to our other guests.
- Out of consideration for all Spa guests, late arrivals will not be given an extension of scheduled treatment times and the full cost of the treatment will be charged.
- Guests are advised to arrive at least 10 minutes prior to their first appointment to allow themselves ample time to check in and shower, as it is essential before any treatment. The beneficial oils used in our treatments are best absorbed through clean skin.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.





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